



## **LASTING HAPPINESS IS JUST NOT POSSIBLE UNTIL ONE HAS LEARNED TO FORGIVE – COMPLETELY**

lifespark member, adult trainer and long time professional working with inmates

### **Pierre Pradervand**

offers you to participate in a workshop aimed at giving each participant simple tools to better understand and master the dynamics of the forgiveness process.

Forgiveness is first and foremost a gift one grants to oneself. If we live this experience ourselves, we will be able to help our death row correspondents let go of any resentment they may still harbor – towards the system, others involved in their existence, and above all themselves!

Pierre Pradervand has worked for decades in personal development and social justice. His impressive career includes work on nearly every continent, and as a speaker and workshop facilitator, Pierre often gives talks on the topic of how to live differently. In his workshops, he provides personal development tools that empower everyone to find and strengthen their internal anchors.

**Date and time** : September 30, 2017 – 10:00am to 5:00pm (Welcome at 9:45am)

**Place** : Eglise française réformée, Predigergasse 3, Berne  
Reformierten Französischen Kirche, Predigergasse 3, Bern

**Language** : the workshop will be held in English

**Documentary** : A documentary film on Roger McGowen will be shown to support Pierre Pradervand's presentation

**Meals and drinks** : will be provided by the organizers, but you're welcome to bring cakes and cookies for tea-time

**General information:** a collection to help cover the cost of the event will be organized

If you're interested, please register in writing with lifespark, PO Box 3529, 4002 Basel / Switzerland or by using the link provided on lifespark website, in the Events section. Deadline to register: **September 26, 2017.**

See you in Bern!



## Train schedule

From <b>Basel</b>	08:31	arriving at 09:24
From <b>Bienne/Biel</b>	08:52	arriving at 09:17
From <b>Geneva</b>	07:42	arriving at 09:26
From <b>Lausanne</b>	08:20	arriving at 09:26
From <b>Luzern</b>	08:05	arriving at 09:24
From <b>Sion</b>	08:24	arriving at 09:54
From <b>Thun</b>	09:04	arriving at 09:23
From <b>Zürich</b>	08:32	arriving at 09:28